

Natasja van Buren

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Effective Date: 01-11-2024

Privacy Policy

1. Introduction

At Natasja van Buren thera-coaching, we are committed to protecting your privacy and ensuring the security of your personal information. This Privacy Policy outlines how we collect, use, and safeguard your data in accordance with applicable laws, including the General Data Protection Regulation (GDPR) in the Netherlands.

2. Information We Collect

When you engage with our services, we may collect the following types of information:

- **Personal Information:** This includes your name, contact information, and any other information you provide during sessions.
- **Session Information:** Notes and records related to your sessions, which may include the content discussed and any relevant assessments.

3. Use of Information

We use the collected information to:

- Provide personalized therapy and coaching services.
- Maintain and improve our services.
- Communicate with you regarding your sessions and any relevant updates.





4. Storage and Security of Information

All client information is securely stored using up-to-date security measures. We employ encryption, secure servers, and other technologies to protect your data from unauthorized access, loss, or misuse. Regular updates to our security protocols ensure ongoing protection of your personal information.

5. Communication Platforms

Sessions are conducted via Microsoft Teams and WhatsApp video calls. Please be aware that while we take steps to ensure the security of these platforms, the nature of online communication involves inherent risks. We encourage you to review the privacy policies of these platforms for additional information on their data protection practices.

6. Your Rights

As a client, you have the right to:

- Access your personal information.
- Request corrections to your data.
- Withdraw consent for data processing at any time.

7. Changes to This Privacy Policy

We may update this Privacy Policy from time to time. Any changes will be communicated to you, and the revised policy will be effective immediately upon posting.

8. Contact Us

If you have any questions or concerns about this Privacy Policy or how your information is handled, please contact us at info@natasjavanburen.com

